

Safety & Security

Awareness, sanitation, and early intervention are the keys to prevention and wellness.



Should community health conditions be at risk, consider having the following items on hand:

- ◆ *Disposable HEPA Face Masks*

Wear a mask if you are running a fever, coughing or sneezing.

- ◆ *Disposable Gloves*

Use when handling common items such as door knobs, grocery carts etc.

- ◆ *Sanitation Wipes*

Use after touching commonly handled items and before touching face or food etc.

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It is important to educate yourself so that you can recognize the existence and progress of **Pandemic Illness** in your area.



Updated information is available from your physician and posted on the **Info Bank**.

www.csicorsicana.org

- Click on “Safety and Security”

For U.S. travel and information

- Click on “Travel & Health Alerts”

Visit: www.cdc.gov

International travel visit:

<https://travel.state.gov/content/travel/en/international-travel.html>



PANDEMIC ILLNESS





What is Pandemic Illness?



A Pandemic Illness is a global outbreak involving a virus strain that is efficiently transmitted from person to person over a wide geographical area.

The signs and symptoms include:

- ◆ Fever
- ◆ Chills
- ◆ Body Aches
- ◆ Sore Throat
- ◆ Non-Productive Cough
- ◆ Runny Nose and Headache

Although these are common symptoms for the flu, pandemic illnesses are much more severe.

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These viruses originated in animals and can eventually be passed to humans. This then increases the likelihood of it passing from human to human.

The current and most likely cause of this pandemic illness is the Coronavirus.

There are ways for you to reduce your exposure that you should consider:



- ❖ Avoid Crowds & Densely Populated Areas
- ❖ Properly Prepare Food To Kill Potential Germs & Avoid Unprepared Or Unclean Food
- ❖ Use Sanitation Products on a Daily Basis such as Antiviral or antibacterial hand soap.
- ❖ Be aware of health conditions in your community and areas you frequently travel

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- ❖ Stay Current On Your Inoculations (contact your physician or health department for recommendations)
- ❖ Wear Personal Protective Equipment (PPE) When Frequenting Populated Areas
- ❖ Use Sanitary Wipes Before Using Shared Equipment Such As Keyboards And Telephones
- ❖ If You Suspect A Co-Worker Is Displaying Any Signs or Symptoms Of A Pandemic Illness, Report It To Supervision Immediately

If YOU Begin To Experience The Signs and Symptoms Of A Pandemic Illness:

1. Report Your Symptoms To Your Supervisor Immediately
2. Seek Medical Attention
(The sooner you are treated, the higher possibility of a successful recovery)
3. Keep Your Supervisor Appraised Of Your Condition & Recovery
4. Wear Personal Protective Equipment to Avoid Infecting Others